

Course Outline for: NURS 1050 Foundations of Health Assessment**A. Course Description**

1. Number of credits: 2
2. Lecture hours per week: 2
3. Prerequisites: Acceptance into the nursing program
4. Corequisites: NURS 1000 Role of the Professional Nurse
NURS 1070 Foundations of Health Assessment Clinical 1
5. MnTC Goals: None

This course introduces the student to the components of the comprehensive nursing health assessment across the lifespan. Students will begin to develop therapeutic communication and basic assessment skills. Students will be introduced to the concept of informatics, how to integrate nursing, computer, and information sciences to manage data.

B. Date last reviewed/updated: October 2022**C. Outline of Major Content Areas**

1. Professional Integrity
 - A. Attributes and Roles of a Nurse
 - i. Professionalism
 - ii. Clinical Judgment
 - B. Care Competencies
 - i. Holistic Nursing Process/Person-centered Care
 - ii. Communication
 - iii. Informatics
 - iv. Evidence-based/Evidence-informed Practice
2. Physiological Integrity
 - A. Regulation
 - i. Thermoregulation
 - ii. Intracranial Regulation
 - iii. Elimination
 - iv. Oxygenation
 - v. Perfusion
 - B. Protection and Movement
 - i. Tissue Integrity
 - ii. Comfort
 - iii. Mobility

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Describe the role of the professional nurse in the systematic process of health assessment and data collection as a provider of holistic person-centered care.
2. Identify concepts and principles necessary for the performance of a basic health assessment.
3. Describe the components of the comprehensive nursing health assessment.
4. Identify information and technology skills needed for safe care as related to health assessment.

E. Methods for Assessing Student Learning

Each semester, cognitive learning will be evaluated by written examinations and quizzes, including alternative format, written, and reflection assignments. Rubrics will be used. The student must obtain a 78% or greater in order to pass.

F. Special Information

Refer to nursing student handbook for additional details.