

Common Course Outline for: *EXSC 1107 Golf*

A. Course Description

1. Number of credits: 1

2. Lecture hours per week: 1 hour Lab hours per week: None

3. Prerequisites: None4. Co-requisites: None

5. MnTC Goals: None

This course includes the fundamentals of golf strokes for woods, irons, and putters as well as club and shot selection. History, course etiquette, and rules of the game. A lifetime fitness activity. Additional fee for the course.

B. Date last revised: January 2019

C. Outline of Major Content Areas

- 1. History of golf and nature of the game
- 2. Rules and course etiquette
- 3. Equipment and terminology
- 4. Grip, stance, and posture
- 5. Fundamental skills and techniques of strokes using woods, irons, and putters
- 6. Shot selection and strategies
- 7. Scoring and league play

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

- 1. Realize how golf has changed and what it is like today.
- 2. Demonstrate desirable course etiquette.
- 3. Comply with the rules of golf and special course rules.
- 4. Identify and choose equipment appropriate for their body type and playing ability.
- 5. Demonstrate correct techniques of stance, grip, and posture.
- 6. Exhibit correct techniques using woods, irons, and putters.
- 7. Select appropriate clubs for various playing situations.
- 8. Evaluate holes and determine the most desirable approach to take.
- 9. Score correctly during play and explain special rules as they apply to league play.

E. Methods for Assessing Student Learning

Attendance and class participation (60%), subjective assessment of effort and skill (20%), written objective testing (20%).

F. Special Information

None