

NURSING ASSISTANT CERTIFICATE - 4 CREDITS

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OVERVIEW**WHY CHOOSE A NURSING ASSISTANT CERTIFICATE?**

Nursing assistants are in high demand. Normandale offers a variety of sections to fit many schedules. Completion of NURS 1057 qualifies students to take the state of Minnesota Nursing Assistant Registry exam. The majority of sections at Normandale integrate the home health aide content required for students to take the state of Minnesota Home Health Aide registry exam. NURS 1060 is inclusive of the NA course and the Home health Aide curriculum.

DUTIES

From [iSeek.org](#):

People who work in this career often:

- Assist patients/residents with activities of daily living for example, dressing, grooming and bathing.
- Use massage therapy procedures.
- Follow dental or medical office procedures.
- Collect specimens from patients.
- Feed patients.
- Inventory medical supplies or instruments.
- Lift or transport ill or injured patients.
- Maintain dental or medical records.
- Clean rooms or work areas.
- Observe patient condition.
- Position patient for therapy.
- Prepare medical treatment room.
- Prepare patients for tests, therapy, or treatments.
- Set up patient care equipment.
- Take vital signs.
- Use clinical sterilizing technique.
- Use respiratory equipment.
- Weigh patients.
- Work with persons with mental disabilities or illnesses.
- Instruct patient in use of supportive device.
- Change linen.
- Instruct patients in methods to improve functional activities.
- Assist patient in walking or exercising.

RECOGNITION

Normandale's Nursing Assistant Certificate course is approved by the Minnesota Department of Health, and prepares students to take the National Nursing Assistant Training and Competency Evaluation Test.

Upon successful completion of the test, students are placed on the Nursing Assistant Registry (NA/R).

The nursing assistant (NA/R) provides care under the direct supervision of licensed nurses. Students who successfully complete NURS 1060 are eligible to take the National NA/HHA exam and be placed on the

NA-R/HHA registry.

CAREERS AS A NURSING ASSISTANT**Projected Job Growth**

According to [iSeek.org](#), there will be a need for about 9,260 new Nursing Assistants to meet market demand between 2010-2020. This includes the demand due to replacement (workers leaving the occupation or retiring) as well as growth. The Bureau of Labor Statistics website currently states that "Employment of nursing assistants is expected to grow 20% from 2010 to 2020, faster than the average for all occupations."

Types of Jobs

([iSeek.org](#))

- Hospital Assistant
- Patient Care Assistant (PCA)
- Nursing Assistant Registered (NA-R)
- Attendant
- Certified Nursing Assistant (CNA)
- Patient Care Technician (PCT)
- Psychiatric Attendant

Average State Pay

From [iSeek.org](#): \$12.99/hour and up.

([iSeek.org](#))

Nursing assistants help provide basic care for patients in hospitals and residents of long-term care facilities, such as nursing homes, residential care facilities and hospitals. They are frequently active and may need to help lift or move patients.

CERTIFICATE AS A NURSING ASSISTANT

- Normandale has a Nursing Assistant Certificate course.

ESTIMATED COST OF THIS CERTIFICATE PROGRAM

Estimated total costs is under \$1,100 including tuition, books, uniform and lab supply kit.

YOU MAY ALSO LIKE

(ISeek.org)

Students who are interested in being a Nursing Assistant may also have interest in these professions:

- Home Health Aides
- Licensed Practical and Licensed Vocational Nurses
- Medical Assistants
- Occupational Therapy Assistants and Aides
- Personal Care Aides
- Physical Therapist Assistants and Aides
- Psychiatric Technicians and Aides
- Registered Nurses

REQUIREMENTS

The Nursing Assistant Certificate course prepares individuals to assist others with personal care needs. This certificate course is approved by the Minnesota Department of Health (MDH) and prepares students to take the National Nursing Assistant Training and Competency Evaluation Test. Upon successful completion of the test, students are placed on the Minnesota Nursing Assistant Registry (NA/R).

The Nursing Assistant (NA/R) provides care under the direct supervision of licensed nurses. Employment is primarily in facilities caring for older adults. The demand for NA/Rs continues to grow due to our aging population.

Skills and knowledge obtained while earning the Nursing Assistant Certificate provide a strong foundation for individuals planning to pursue a career in healthcare.

REQUIRED COURSE

Code	Title	Credits
NURS 1057	Nursing Assistant Certificate	4
or NURS 1060	Nursing Assistant/Home Health Aide	4

OTHER CERTIFICATE REQUIREMENTS

- Earn a minimum cumulative grade point average (GPA) of 2.0 for college-level coursework (courses numbered 1000 and above) completed at Normandale.
- Earn at least one third of the required certificate credits from Normandale.

Nursing Assistant Registry

The Nursing Assistant/Home Health Aide Curriculum will prepare students to sit for the Minnesota Nursing Assistant Registry Exam.

Students that wish to take the Registry exam in another state must check with that state's requirements before applying to take the Registry exam.

Please see [this document](#) to determine if the curriculum meets out of state requirements for that State's Nursing Assistant Registry

The following websites provide more information about nursing assistants, information about skills testing and links to the practice test and competency test brochure:

- The "Contacting the Nursing Assistant Registry" page on the Minnesota Department of Health website provides links to Registry forms, training and testing sites.
- [The Pearson VUE website](#) offers a test/skills brochure and a practice written test for Minnesota nursing assistants.

COURSES

NURS 1057 NURSING ASSISTANT CERTIFICATE | 4 CR

The Nursing Assistant Certificate course prepares the student to provide physical nursing care to individuals in long term care facilities, hospitals, or board and care homes. Students learn how to measure vital signs and assist individuals with physical needs such as personal hygiene, elimination, mobility, exercise, and nutrition. This course also includes information on emotional, spiritual, and psychosocial needs, and basic training in behavior management for persons with dementia. Students participate on campus in lecture and by practicing in the lab. Students apply what they have learned in class to residents in a long term care facility during 24 hours of clinical participation at the end of the course. Attendance is MANDATORY, per Department of Health regulations. Students successfully completing this course are ready to take the Pearson VUE Nursing Assistant Competency Test. After passing this test students can be placed on the Minnesota Department of Health Nursing Assistant Registry. Weekly average of 2 hours lecture/3 hours lab/3 hours clinical.

Credits: 4 Semesters: Fall, Spring

NURS 1060 NURSING ASSISTANT/HOME HEALTH AIDE | 4 CR

The Nursing Assistant/Home Health Aide Certificate course prepares the student to provide physical nursing care to individuals in long term care facilities, hospitals, board and care homes, and in the client's own home. Students learn how to measure vital signs, assist individuals with physical needs such as personal hygiene, elimination, mobility, exercise and nutrition. This course also includes information on emotional, spiritual and psychosocial needs, and basic training in behavior management for persons with dementia. Attendance is mandatory, per Minnesota Department of Health regulations. Students successfully completing this course are eligible to take the Pearson VUE Nursing Assistant/Home Health Aide Competency Test. After passing this test students can be placed on the Minnesota Department of Health Nursing Assistant/Home Health Aide Registry. Lecture 2 hours/Lab 4 hours. Clinical 24 hours at the end of the course.

Credits: 4 Semesters: Fall, Spring

