

**COMMUNITY HEALTH WORKER-NAVIGATOR - 16 CREDITS**

## OVERVIEW

## REQUIREMENTS

## COURSES

**OVERVIEW****WHY CHOOSE COMMUNITY HEALTH WORKER-NAVIGATOR PROGRAM?**

Community Health Workers and Navigators get the chance to work with programs, or on projects, that impact the health and well-being of the community positively. This is a growing field that is great for people who like to be part of impactful outreach health programs to the community.

**SKILLS ACQUIRED**

(Bureau of Labor Statistics)

Community health workers do the following:

- Provide outreach and discuss health care concerns with community members
- Educate people about the importance and availability of healthcare services, such as cancer screenings
- Collect data
- Report findings to health educators and other healthcare providers
- Provide informal counseling and social support
- Conduct outreach programs
- Ensure that people have access to the healthcare services they need
- Advocate for individual and community needs

**CAREERS IN COMMUNITY HEALTH WORKER - NAVIGATOR****Projected Job Growth**

The Bureau of Labor Statistics projects job growth of 21% for Health Educators and Community Health workers between 2012 and 2022.

**Types of Jobs**

(ISeek.org)

Community Health Workers often have job titles in:

- Community Health Advocate
- Social Services Advocate
- Health Outreach Worker
- Public Health Worker
- Community Health Advisor
- Community Health Counselor
- Community Health Outreach Worker
- Community Health Worker (CHW)
- Navigators

**Average State Pay**

According to Iseek.org, the median pay in the state of Minnesota for positions in this field is \$39,499 annually (\$18.99 per hour).

**Description**

(ISeek.org)

Community Health Workers work with individuals and communities. They may create community programs that promote or maintain health. They may conduct outreach for medical or health organizations. They also might provide support or counseling, and they may promote medical services, like blood pressure screening or first aid.

**DEGREES & CERTIFICATES IN COMMUNITY HEALTH AND HEALTH EDUCATION**

Normandale's Community Health Worker/Navigator program will prepare students for a variety of entry-level healthcare employment opportunities.

Community Health Workers/Navigators (CHWN's) work to -

- Increase cultural competence
- Improve access to health care for racial and ethnic minorities
- Improve the quality of care for chronically ill people
- Promote health communities
- Educate clients and others about access to and use of healthcare resources.

As a community health worker/navigator, you will play a critical role in bridging the gap between the community, health care, government and social service systems.

**REQUIREMENTS**

This certificate program will prepare students for a variety of entry-level healthcare employment opportunities.

Community Health Worker-Navigators (CHWN's) work to increase cultural competence, improve access to health care for underserved communities, coordinate care for chronically ill people, and map community resources to improve the overall health of communities.

Community Health Worker-Navigators play a critical role in bridging the gap between community, health care, government, and social service systems.

**REQUIRED COURSES - 16 CREDITS**

## REQUIRED COURSES - 10 CREDITS

Code	Title	Credits
CHWN 1000	Advocacy and Outreach	2
CHWN 1100	Organization, Resources, Teaching and Capacity Building	3
CHWN 1200	Legal and Ethical Responsibilities for the Community Health Worker	1
CHWN 1300	Coordination, Documentation, Reporting, Informatics, Navigator and Care Coordinator for the Community Health Worker	3
CHWN 1400	Communication Skills and Cultural Competence	2
CHWN 1500	Health Promotion	3
CHWN 2096	Internship	2

## OTHER CERTIFICATE REQUIREMENTS

- Earn a minimum cumulative grade point average (GPA) of 2.0 for college-level coursework (courses numbered 1000 and above) completed at Normandale.
- Earn at least one third of the required certificate credits from Normandale.

## COURSES

### CHWN 1000 ADVOCACY AND OUTREACH | 2 CR

The course focuses on the role of the community health worker/navigators' personal safety, self-care, personal wellness and the promotion of health and disease prevention of clients.

Credits: 2 Semesters: Fall

### CHWN 1100 ORGANIZATION, RESOURCES, TEACHING AND CAPACITY BUILDING | 3 CR

This course focuses on the community health worker's knowledge of the community and their ability to prioritize and organize their work. Emphasis is on the use and critical analysis of resources and information problem solving. The second half of the course focuses on the community health worker's role in teaching and increasing capacity of the community and of the client. Emphasis is on establishing healthy lifestyles and clients developing agreements to take responsibility for achieving health goals. Students will learn and practice methods for planning, developing and implementing plans with clients to promote wellness.

Credits: 3 Semesters: Spring

### CHWN 1200 LEGAL AND ETHICAL RESPONSIBILITIES FOR THE COMMUNITY HEALTH WORKER | 1 CR

This course focuses on the legal and ethical dimensions for the community health worker/navigator role. Included are boundaries of the community health work position, agency policies, confidentiality, liability, mandatory reporting and cultural issues that can influence legal and ethical responsibilities.

Credits: 1 Semesters: Fall

### CHWN 1300 COORDINATION, DOCUMENTATION, REPORTING, INFORMATICS, NAVIGATOR AND CARE COORDINATOR FOR THE COMMUNITY HEALTH WORKER | 3 CR

This module focuses on the importance and ability of the community health worker/navigator to gather, document and report on client visits and other activities. The emphasis is on appropriate, accurate, and clear documentation with consideration of legal and agency requirements and the inclusion of Electronic Health Records and Navigator roles as a means to identify Health Insurance Exchange options, coordinate care, document and gather data.

Credits: 3 Semesters: Fall

### CHWN 1400 COMMUNICATION SKILLS AND CULTURAL COMPETENCE | 2 CR

This course provides the content and skills in communication to assist the Community Health Worker/Navigator in effectively interacting with a variety of clients, their families and a range of health care providers. Included are verbal/nonverbal communication, listening and interviewing skills, networking, building trust and working in teams. Communication skills are grounded within the context of the community's culture and the cultural implications that can affect client communication.

Credits: 2 Semesters: Fall

### CHWN 1500 HEALTH PROMOTION | 3 CR

Assist clients in realizing healthy eating patterns, integrating exercise into their lives, taking their medications, talking with doctors, controlling substances such as tobacco, preventing heart disease and stroke as well as managing those who already have conditions. Emphasis will be on Maternal and Child health as well as diabetes, cancer, oral health and mental health care and prevention. Emphasis will also be on learning strategies that can be used to aid in client awareness, education and incorporation of health into their daily living.

Credits: 3 Semesters: Spring

### CHWN 2096 INTERNSHIP | 2 CR

The goal of the Community Health Worker/Navigator Internship is to provide students the opportunity to use the skills and tools they have learned and apply them to assigned agency's needs. Students will apply these skills of advocacy and outreach to help individuals and families reduce health disparities. Students will be required to complete 80-90 hours of on the job training and coursework. The on the job weekly hours requirement will be an agreement between the organization, student and faculty advisor.

Credits: 2 Semesters: Spring