

Course Outline for: NURS 2000 Chronic and Palliative Care**A. Course Description**

1. Number of credits: 4
2. Lecture hours per week: 4
3. Prerequisites: NURS 1100 Health Promotion
NURS 1120 Health Promotion Clinical 2
NURS 1150 Parent Child Nursing
NURS 1160 Parent Child Nursing Clinical 3
PHIL 1180 Biomedical Ethics
COMM 1131 Intercultural Communication
4. Corequisites: NURS 2010 Chronic and Palliative Care Clinical 4
NURS 2050 Pharmacology and the Role of the Professional Nurse
5. MnTC Goals: None

This course focuses on the nursing care of clients experiencing chronic illness and/or end of life. Ethical issues related to advocacy, self- determination, and autonomy are explored. Evidence-based practice is used to understand appropriately focused assessments and management of care of clients experiencing concurrent illnesses/comorbidities.

B. Date last reviewed/updated: November 2023**C. Outline of Major Content Areas**

1. Professional Integrity
 - A. Attributes and Roles of a Nurse
 - i. Professionalism
 - ii. Clinical Judgement
 - iii. Self-care
 - iv. Social Justice
 - B. Care Competencies
 - i. Holistic Nursing Process/Person-centered Care
 - ii. Communication
 - iii. Collaboration
 - iv. Quality & Safety
 - v. Informatics
 - vi. Evidence-based/Evidence-informed Practice
 - vii. Care Coordination
2. Physiological Integrity
 - A. Physiological Homeostasis Regulation

- i. Fluid & Electrolyte Balance
 - ii. Acid-Base Balance
 - iii. Thermoregulation
 - iv. Cellular Regulation/Genetics
 - v. Intracranial Regulation
 - vi. Metabolism
 - vii. Nutrition
 - viii. Elimination
 - ix. Oxygenation
 - x. Perfusion
 - B. Protection and Movement
 - i. Immunity
 - ii. Inflammation
 - iii. Infection
 - iv. Tissue Integrity
 - v. Sensory Perception
 - vi. Comfort
 - vii. Mobility
 - viii. Rest
- 3. Psychosocial Integrity
 - A. Psychosocial Homeostasis
 - i. Family Dynamics
 - ii. Culture/Spirituality
 - iii. Motivation/Adherence
 - iv. Cognitive Function
 - v. Coping/Stress/Adaptation
 - vi. Grief & Loss
- 4. Lifespan
 - A. Health Equity
 - i. Determinants of Health
 - ii. Implicit Bias Education

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Demonstrate reflection, self-analysis, self-care, and lifelong learning into nursing practice.
2. Explore one's own beliefs and values as they relate to caring for clients experiencing chronic illness and end of life issues.
3. Discuss trends in healthcare as they relate to issues of access, equity, affordability, and social justice, for diverse and underserved individuals, families, and communities.
4. Discuss evidence, interprofessional perspectives, and client preferences in prioritizing, planning solutions, taking action, and evaluating outcomes of care.
5. Recognize the role of information technology in improving client care outcomes and creating a safe care environment.

E. Methods for Assessing Student Learning

Each semester, cognitive learning will be evaluated by written examinations and quizzes, including alternative format, written, and reflection assignments. Rubrics will be used. The student must obtain a 78% or greater in order to pass.

F. Special Information

Refer to nursing student handbook for additional details.