

Common Course Outline for: EXSC 1133 Fencing**A. Course Description**

1. Number of credits: 1
2. Lecture hours per week: 1 hour Lab hours per week: None
3. Prerequisites: None
4. Co-requisites: None
5. MnTC Goals: None

This course includes the various phases of the art of fencing, including history, etiquette, scoring, and officiating. Technique and skill development in position and mobility, simple attacks, defensive parries and bouting.

B. Date last revised: January 2019

C. Outline of Major Content Areas

1. History and evolution of fencing.
2. Equipment, rules, terminology, etiquette, and safety considerations.
3. Basic stance and movement patterns of foil fencing.
4. Basic offensive attacks: straight attacks, beat attacks, beat with disengage, feint attacks and distance and timing.
5. Basic defensive patterns: parries, parries with disengage, circle parries and distance and timing.
6. Fencing patterns and strategies.

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Express an appreciation for the history and evolution of a sport uncommon to our culture.
2. Employ the basic rules of foil fencing through judging and directing bouts in class tournament situations.
3. Demonstrate and practice the basic stance and movement patterns unique to foil fencing.
4. Demonstrate and practice basic offensive attacks.
5. Demonstrate, and practice basic defensive patterns.
6. Apply fencing patterns and strategies while bouting.
7. Demonstrate proper handling of equipment and safety practices.
8. Understand the physical, mental, and emotional benefits that can be gained from participation in fencing.

E. Methods for Assessing Student Learning

At the discretion of the Instructor, students will be evaluated on daily attendance and participation, basic fencing skill development; organizing, administering and judging a class tournament; subjective evaluation of movement patterns, as well as offensive and defensive strategies and tactics.

F. Special Information None