# NURSING (AS) - 75 CREDITS

## OVERVIEW

### WHY CHOOSE NURSING?

The Normandale Community College nursing program will prepare you to administer patient-centered nursing care in a variety of settings. Our faculty, facilities and programs combine to give you a strong preparation for your health-care career as a registered nurse. The Normandale Community college nursing program has partnered with other Minnesota colleges and Metropolitan State University to offer the Minnesota Alliance for Nursing Education (MANE) curriculum offering students, with a single application, the opportunity to earn a baccalaureate degree in nursing on the community college campus. Normandale nursing students are also awarded an Associate Degree in nursing when the degree requirements are met.

### SKILLS ACQUIRED

Registered nurses typically do the following:

- Assess the health needs of individuals, families and communities
- Establish health goals and outcomes for individuals, families and communities
- Administer nursing care including medication administration, treatments and independent nursing actions
- Set up plans for patients' care or contribute to existing plans
- Consult with doctors and other healthcare professionals
- Operate and monitor medical equipment
- Help perform diagnostic tests and analyze results
- Teach patients and their families how to manage illnesses or injuries
- Plan and participate in activities of wellness promotion and disease prevention efforts

### RECOGNITION

Normandale's Nursing program is approved by the Minnesota Board of Nursing and accredited by the Accreditation Commission for Education in Nursing (ACEN).

### CAREERS IN NURSING

#### Projected Job Growth

The Bureau of Labor Statistics projects employment of nurses to grow at a rate of 19%, which is much faster than the average occupation.

Growth will occur for a number of reasons, including an increased emphasis on preventative care; growing rates of chronic conditions, such as diabetes and obesity; and demand for healthcare services from the baby boomer population, as they live longer and more active lives.

iSeek.org states that -

"There will be a need for about 22,970 Registered Nurses to meet market demand between 2010 and 2020. This includes demand due to replacement (workers leaving the occupations or retiring) as well as growth."

#### Types of Jobs

(Bureau of Labor Statistics)

Registered nurses duties and titles often depend on where they work and the patients they work with. Registered nurses are employed in an increasing variety of areas. The following list includes a few examples:

- Acute care settings (Hospitals)
- Ambulatory care/clinics setting
- Public health nursing
- Long term care
- Home care
- Occupational nursing
- Rehabilitation nurses
- Nursing educators
- Nursing administration

#### Average Pay

The Bureau of Labor Statistics lists $31.48 per hour and $65,470 annually as the median pay for nurses. iSeek.org lists $72,000 ($34.63) as the annual median salary for registered nurse in the state of Minnesota.

#### Description

Registered nurses work in a wide variety of health care settings assisting individuals, families and communities to optimize their health. With a focus on assessment, planning, implementation and ongoing evaluation nursing professionals are valued members of the health care team. Nursing offers advancement opportunities through advanced degrees and specialty certification throughout a nurse's career.

### DEGREES & CERTIFICATES IN NURSING

As a Normandale nursing graduate, you will earn an Associate of Science degree with a nursing major and be eligible to take the NCLEX-RN boards. Beginning fall 2014, Normandale (MANE) nursing students will be dually admitted to Normandale nursing and Metropolitan State University to facilitate seamless progression towards their Bachelor of Science in Nursing (BSN). Metropolitan offers over 20 well respected masters degrees of the Minnesota area. This program will enable our new RN graduates to further their education.
YOU MAY ALSO LIKE

(See.org)

Students in Nursing may also be interested in pursuing careers as:

- Diagnostic Medical Sonographers and Cardiovascular Technologists and Technicians, including Vascular Technologists
- EMTs and Paramedics
- Licensed Practical and Licensed Vocational Nurses
- Nurse Anesthetists, Nurse Midwives, and Nurse Practitioners
- Physician Assistants

REQUIREMENTS

The Normandale Nursing Department educates students to become entry-level professional nurses who are prepared to begin their careers as competent, caring members of today’s health care team. The Normandale Nursing program has adopted the Minnesota Alliance for Nursing Education (MANE) curriculum, which is a collaboratively-developed curriculum designed to remove barriers for students wishing to obtain their baccalaureate degree in nursing (BSN). Normandale offers five semesters of an eight-semester BSN program. Students admitted to Normandale’s Nursing program will be dually admitted to Metropolitan State University’s Nursing program.

Normandale students will receive their associate of science degree following successful completion of the fifth semester of the program and may elect to take the National Council Licensure Examination (NCLEX) for Registered Nurse Licensure. Students will have the opportunity to complete the remaining three semesters of the MANE BSN curriculum as Metropolitan State University students. This program is committed to quality, integrity, active life-long learning, student success, alliances, and community service.

Students entering the nursing program are expected to meet the Minnesota State Performance Standards for Entry-Level Nursing Programs, which are available on the Non-academics Requirements page on the Nursing website. These performance standards are required abilities for effective performance in Minnesota State nursing education programs. The standards are compatible with the scope of practice as defined by the Minnesota Board of Nursing. The examples show how a standard may be applied in entry-level nursing education programs. The examples listed are for illustrative purposes only and are not intended to be a complete list of all tasks in an entry-level nursing program.

Reasonable accommodations for meeting standards may be available for otherwise program-qualified individuals with disabilities. Information is available in the Office for Students with Disabilities at 651-795-6625.

Normandale’s nursing program is approved by the Minnesota Board of Nursing and accredited by the Accreditation Commission for Education in Nursing (ACEN), 3343 Peachtree Rd NE, Suite 850, Atlanta, Georgia 30326. Contact at 404-971-5000 or online at ACENursing.org.

CORE COURSES - 35 CREDITS

(LPN students already holding LPN licensure are required to take 30 nursing credits)

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>NURS 2700</td>
<td>Health Promotion and the Role of the Professional Nurse</td>
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<tr>
<td>or NURS 2720</td>
<td>Transition to the Role of the Professional Nurse</td>
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<td>Nutrition and the Role of the Professional Nurse</td>
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<td>NURS 2800</td>
<td>Chronic and Palliative Care</td>
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<td>NURS 2820</td>
<td>Pharmacology and the Role of the Professional Nurse</td>
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<td>NURS 2850</td>
<td>Applied Pathophysiology for Nursing 1</td>
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<td>NURS 2910</td>
<td>Acute and Complex Care</td>
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<td>NURS 2920</td>
<td>Applied Pathophysiology for Nursing 2</td>
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<td>NURS 2950</td>
<td>Nursing Leadership 1</td>
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ADDITIONAL REQUIRED COURSES - 40 CREDITS

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<tr>
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<tr>
<td>ENNC 1101</td>
<td>Freshman Composition</td>
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<tr>
<td>COMM 1111</td>
<td>Interpersonal Communication</td>
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<tr>
<td>CHEM 1050</td>
<td>Foundations of Organic and Biochemistry</td>
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</tr>
<tr>
<td>BIOL 2041</td>
<td>Human Anatomy</td>
<td>4</td>
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<tr>
<td>BIOL 2042</td>
<td>Human Physiology</td>
<td>4</td>
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<tr>
<td>BIOL 2043</td>
<td>Microbiology</td>
<td>4</td>
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<tr>
<td>PSYC 1110</td>
<td>Introduction to Psychology</td>
<td>4</td>
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<tr>
<td>PSYC 2210</td>
<td>Developmental Psychology: Life Span</td>
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<tr>
<td>SOC 1104</td>
<td>Introduction to Sociology</td>
<td>3</td>
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<tr>
<td>or ANTH 1127</td>
<td>Cultural Anthropology - The Global Human Experience</td>
<td>3</td>
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<tr>
<td>PHIL 1105</td>
<td>Ethics</td>
<td>3</td>
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<tr>
<td>or PHIL 1199</td>
<td>Biomedical Ethics</td>
<td>3</td>
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Complete 4 credits from MnTC Goal Areas: 4, 6, 7, 8, 9, or 10.

OTHER DEGREE REQUIREMENTS

- Earn a minimum cumulative grade point average (GPA) of 2.0 for college-level coursework (courses numbered 1000 and above) completed at Normandale.
- Earn a minimum of 20 college-level credits at Normandale.

Coursework in this degree program satisfies a portion of the Minnesota Transfer Curriculum (MnTC). Please see MnTC Degree Audit Report.

Admission Requirements and Application Process

- Submit the Normandale Community College general application form and the $20 application fee to the Admissions Office (applicants new to Normandale only).
- The nursing program application deadlines are February 1 for fall and June 1 for spring the following year.
- Please see the nursing program website for application information for detailed application instructions.
- Students wishing to petition an exemption of admission requirements must do so prior to the application deadline.
- New students are encouraged to attend a college information session. Current students should call 952-358-5261 to schedule a meeting with an advisor.
- Nursing information sessions are offered each semester. Visit our nursing website for session dates and locations.
Applicants must meet the following requirements before the application is processed:

- High school graduation or GED.
- Complete semester one of the MANE curriculum plan: ENGC 1101, CHEM 1050 or CHEM 1061, BIOL 2041, and an elective in MnTC Goal 4, 6, 7, 8, 9, or 10.
- Have a GPA of 2.75 or higher in the semester one coursework shown above.
- Complete the ATI TEAS V pre-entrance exam. Visit Normandale’s Nursing website or visit the ATI-TEAS testing page.

Submission of Nursing Program Application

When the program admission requirements are met, the nursing application form may be completed and mailed to the Health Sciences Enrollment Manager at:

Klara Taylor
Health Science Enrollment Manager
Normandale Community College
9700 France Avenue S
Bloomington, MN 55421

Applications to Normandale’s nursing program are available on campus in the Activities building, online on the Nursing Department website and by downloading the Nursing Application PDF. Admissions policies are subject to change. Applications will be accepted under the terms in place at the time an application is received by the Health Science Division. It is the responsibility of the student to keep up-to-date on any changes which may affect their qualifications for acceptance.

Application Deadlines

The application to the nursing program is February 1 for fall semester and June 1 for spring semester. The application and all required documents must be postmarked on or before the due date.

Application Notification

Applicants will be notified in writing on or before March 15 for fall semester and July 15 for spring semester. Candidates will be instructed in their acceptance letter of the due date to accept or decline the admission offer. If a response is not received by the due date, the seat will be considered declined.

Students who are not admitted must reapply to the nursing program the following cycle.

MANE CURRICULUM PLAN AT NORMANDALE

SEMESTER 1

<table>
<thead>
<tr>
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<td>BIOL 2041</td>
<td>Human Anatomy</td>
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<td>Elective Credits: 4 credits from MnTC Goals: 4, 6, 7, 8, 9 or 10.</td>
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SEMESTER 2

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<td>Human Physiology</td>
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<td>BIOL 2043</td>
<td>Microbiology</td>
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<td>COMM 1111</td>
<td>Interpersonal Communication</td>
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SEMESTER 3

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<td>Health Promotion and the Role of the Professional Nurse</td>
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<td>Transition to the Role of the Professional Nurse</td>
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<td>NURS 2740</td>
<td>Nutrition and the Role of the Professional Nurse</td>
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<td>PSYC 2210</td>
<td>Developmental Psychology: Life Span</td>
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SEMESTER 4

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<td>Chronic and Palliative Care</td>
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<td>NURS 2020</td>
<td>Pharmacology and the Role of the Professional Nurse</td>
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<td>NURS 2050</td>
<td>Applied Pathophysiology for Nursing I</td>
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<td>SOC 1104</td>
<td>Introduction to Sociology</td>
<td>3</td>
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<td>Cultural Anthropology - The Global Human Experience</td>
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SEMESTER 5

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<td>NURS 2930</td>
<td>Nursing Leadership I</td>
<td>3</td>
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<tr>
<td>PHIL 1103</td>
<td>Ethics</td>
<td>3</td>
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<td>or PHIL 1190</td>
<td>Biomedical Ethics</td>
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Upon completion of Semester 5, students are eligible for the AS in Nursing and NCLEX-RN licensure.

SEMESTER 6 - METROPOLITAN STATE UNIVERSITY UPPER DIVISION COURSEWORK BEGINS - 15 CREDITS

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<tr>
<td>Nursing Care of the Family</td>
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<tr>
<td>Epidemiology for Nursing</td>
<td>3</td>
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<tr>
<td>General Education – Statistics (MATH 1050 or completing both Normandale’s MATH 0990 &amp; MATH 1090 will fulfill this requirement)</td>
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<td>General Education – Writing in your Major</td>
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SEMESTER 7 - UPPER DIVISION COURSEWORK 16 CREDITS

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<td>Population Based Care</td>
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<tr>
<td>Nursing Leadership II</td>
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<td>Nursing Informatics</td>
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<td>General Education - elective</td>
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SEMESTER 8 - UPPER DIVISION COURSEWORK 14 CREDITS

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<tr>
<td>Integrative Seminar &amp; Practicum</td>
<td>7</td>
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<tr>
<td>Global Health Perspectives for Nursing</td>
<td>3</td>
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<tr>
<td>General Education - elective</td>
<td>4</td>
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COURSES

BIOL 2041 HUMAN ANATOMY | 4 CR
PreReq: CHEM 1050, or CHEM 1051 (C or higher) or concurrent registration and eligible for READ 1106
A rigorous and demanding study of the human body, intended for students pursuing careers in the health professions. Emphasis includes both gross and microscopic anatomy. Laboratory includes small mammal dissection, basic histology, and the gross and microscopic study of the human organ systems. Small mammal dissection is required for course completion. Lecture 3 hours. Lab requires a minimum of 3 hours per week of self-directed lab work.

Credits: 4 Semesters: Fall, Spring

BIOL 2042 HUMAN PHYSIOLOGY | 4 CR
PreReq: BIOL 2041, (C or higher), CHEM 1050, or CHEM 1051 (C or higher) MnTC Goals: 3
Examination of the principles of human biological function with emphasis on homeostatic mechanisms of the body. Lecture and laboratory experiences include EKG, pulmonary function, hormone studies, exercise studies, and independent investigations. Lecture 3 hours. Lab requires a minimum of 3 hours per week of scheduled and/or self-directed lab work.

Credits: 4 Semesters: Fall, Spring

BIOL 2043 MICROBIOLOGY | 4 CR
PreReq: BIOL 1100, or BIOL 1501, or BIOL 2041, (C or higher), CHEM 1050, or CHEM 1051 (C or higher) MnTC Goals: 3
A rigorous lab course intended for students pursuing careers in the health professions that examines the biology of bacteria, algae, protoplasmas, fungi, rickettsias, and viruses. Physical and chemical methods of control, microbial genetics, protozoa, fungi, helminths, viruses, and prions. Topics include prokaryotic and eukaryotic cell structure and function, microbial metabolism, microbial genetics, physical and chemical methods of control, host defenses, and applications in healthcare. Lab exercises mandate following biosafety level 2 practices for handling microbial pathogens. Lecture 3 hours. Lab requires a minimum of 3 hours per week of scheduled and self-directed laboratory work.

Credits: 4 Semesters: Fall, Spring

CHEM 1050 FOUNDATIONS OF ORGANIC AND BIOCHEMISTRY | 3 CR
PreReq: CHEM 1020 MnTC Goals: 3
This one-semester laboratory course is designed for non-majors. Builds on general chemistry concepts to provide an overview of organic and biochemistry with an emphasis on applications to the chemistry of the human body. Topics include solutions and body fluids, acid-base chemistry, relation between structure and reactivity for biochemical molecules, metabolic pathways, and applications of nuclear chemistry. Lecture 2 hours, lab 2 hours.

Credits: 3 Semesters: Fall, Spring

COMM 1111 INTERPERSONAL COMMUNICATION | 3 CR
Recommended: ENGC 1101, and READ 1106 MnTC Goals: 1
The primary purpose of this course is to assist the student in examining and developing competence as an interpersonal communicator. Students will practice skills and learn strategies to develop and manage relationships more effectively in a variety of contexts.

Credits: 3 Semesters: Fall, Spring

ENGC 1101 FRESHMAN COMPOSITION | 4 CR
PreReq: ENGC 0900, (C or higher) and eligible for READ 1106, or eligible for ENGC 1101 and READ 1106 MnTC Goals: 1
In this essential college-level writing course, students will practice the skills necessary for success in college and professional writing. Students will develop and apply critical reading and thinking skills in a variety of research and writing assignments, including analysis and argument, with some essays based on literary texts and other sources.

Credits: 4 Semesters: Fall, Spring

NURS 2700 HEALTH PROMOTION AND THE ROLE OF THE PROFESSIONAL NURSE | 9 CR
PreReq: Acceptance into Nursing Program CoReq: NURS 2750
This course introduces the student to the role of the professional nurse. The emphasis on health promotion across the lifespan includes learning about self-health, as well as holistic client health practices. Students learn to access and apply research evidence to guide safe preventative care. The student will incorporate communication and growth and development theory in a caring and culturally sensitive manner. The student will work as an ethical member of multi-disciplinary teams giving and receiving feedback about performance and use reflective thinking about their practice. Within the context of the nursing process, populations studied will include children, adults, older adults and the family experiencing a normal pregnancy.

Credits: 9 Semesters: Fall, Spring

NURS 2720 TRANSITION TO THE ROLE OF THE PROFESSIONAL NURSE | 4 CR
Pre-req: Acceptance into Nursing Program Co-req: NURS 2700
This course is designed to expand the knowledge and skills of the LPN as they transition to the professional role within nursing. Emphasis is placed on health promotion through the lifespan and incorporates theories related to evidence-based practice, quality and safety, communication, collaboration, clinical decision-making/rationing, informatics, assessment, caring, and health/illness continuum.

Credits: 4 Semesters: Fall, Spring

NURS 2750 NUTRITION AND THE ROLE OF THE PROFESSIONAL NURSE | 2 CR
Pre-req: Acceptance into Nursing Program Co-req: NURS 2700, or NURS 2720
This course introduces the student to the role of the nurse in promoting and supporting nutritional health. Emphasis is on the role nutrition plays in health promotion/prevention of illness, recovery from acute illness and/or management of chronic illness. Students learn to access evidence to support healthy nutritional choices that reduce risk factors for disease and/or illness across the lifespan. Students explore how culture, ethnicity, socio-economic status, nutritional trends and controversies, and integrative therapies influence the nutritional health of the client.

Credits: 2 Semesters: Fall, Spring

NURS 2800 CHRONIC AND PALLIATIVE CARE | 7 CR
Pre-req: NURS 2700, or NURS 2720, (C or higher) and NURS 2750, (C or higher) Co-req: NURS 2850
This course focuses on the nursing care of clients experiencing chronic illness and/or end of life. Emphasis is placed on understanding the "lived experience" of clients and families. Ethical issues related to advocacy, self-determination, and autonomy are explored. Evidence-based practice is used to support appropriate focused assessments and management of care of clients experiencing concurrent illnesses/co-morbidities.

Credits: 7 Semesters: Fall, Spring

NURS 2820 PHARMACOLOGY AND THE ROLE OF THE PROFESSIONAL NURSE | 3 CR
Pre-req: NURS 2700, or NURS 2720, (C or higher) and NURS 2750, (C or higher)
This course introduces theoretical concepts that enable students to provide safe and effective care related to pharmaceuticals and natural products to diverse clients across the lifespan. A framework is presented for approaching the study of pharmacotherapeutics including pharmaceutical research and regulation, quality and safety, major drug classifications, and clinical management.

Credits: 3 Semesters: Fall, Spring

NURS 2850 APPLIED PATHOPHYSIOLOGY FOR NURSING I | 2 CR
Pre-req: NURS 2700, or NURS 2720, (C or higher) and NURS 2750, (C or higher) Co-req: NURS 2800
This course introduces a holistic perspective of pathophysiological processes and the disruption in normal body function. Emphasis will be on objective and subjective manifestations of common chronic health problems resulting from environmental, genetic, and stress-related maladaptations to provide a foundation for nursing care. This course complements selected topics addressed in Chronicity and End of Life to provide a comprehensive understanding of disease processes.

Credits: 2 Semesters: Fall, Spring

NURS 2910 ACUTE AND COMPLEX CARE | 7 CR
Pre-req: NURS 2900, NURS 2920, and NURS 2950, (C or higher)
This course focuses on the nursing care of clients experiencing acute disruptions of health and/or end of life issues. Emphasis is placed on understanding and application of theory and skills required to provide nursing care to clients with complex and/or unstable conditions. Evidence-based practice is used to support appropriate focused assessments and effective, efficient nursing interventions. Knowledge of life span, developmental factors, cultural variables and legal aspects of care guide the ethical decision making in delivery of care.

Credits: 7 Semesters: Fall, Spring

NURS 2920 APPLIED PATHOPHYSIOLOGY FOR NURSING 2 | 2 CR
Pre-req: NURS 2900, and NURS 2950, (C or higher) Co-req: NURS 2910
This course will facilitate ongoing critical thinking and analysis of pathophysiological concepts. Emphasis will be on interpretation and prioritization of data resulting from environmental, genetic, and stress-related maladaptations. This course complements the selected topics addressed in Acute and Complex Care to provide a comprehensive understanding of disease processes.

Credits: 2 Semesters: Fall, Spring

NURS 2950 NURSING LEADERSHIP | 3 CR
Pre-req: NURS 2900, NURS 2920, and NURS 2950, (C or higher)
This course focuses on prioritization, delegation, and supervision of nursing care of clients across the lifespan. Health care policy, finance, and regulatory environment issues are analyzed. Emphasis is on planning, collaborating and coordinating care for individuals and groups across the care continuum.

Credits: 3 Semesters: Fall, Spring
PHIL 1103 ETHICS | 3 CR
Recommended: Eligible for READ 1106 MnTC Goals: 6, 9
This course is an introduction to the philosophical study of morality. It will examine several important ethical theories concerning virtue and vice, the nature of right action, standards of value, and conceptions of the good life. Contemporary moral issues will be critically examined in light of these theories. Topics may include marriage equality, animal rights, torture, euthanasia, freedom of speech, punishment and the death penalty, globalization and justice, and other issues. The course may also include topics in metaethics, such as ethical relativism. This course will help students to think analytically about the moral judgments we are tempted to make, with the goal of developing well-reasoned positions on important moral issues of personal and/or social concern.

Credits: 3 Semesters: Fall, Spring

PSYC 1110 INTRODUCTION TO PSYCHOLOGY | 4 CR
Recommended: Eligible for READ 1106 MnTC Goals: 5
This course is an introduction to the scientific study of human behavior and mental processes. It prepares students for more advanced coursework in psychology and provides a basic understanding of psychology for those entering other fields. The course introduces the problems, methods, and findings of modern psychology to beginning students.

Credits: 4 Semesters: Fall, Spring

PSYC 2210 DEVELOPMENTAL PSYCHOLOGY: LIFE SPAN | 4 CR
Prereq: PSYC 1110 MnTC Goals: 5, 7
Developmental Psychology is the exploration of child, adolescent, and adult development beginning with conception and continuing through death. Emphasis is placed on the theoretical, experimental, and applied aspects of development. Physical, cognitive, and psychosocial realms of development will be investigated for each age range. Particular attention is given to the application of research and theory to current issues.

Credits: 4 Semesters: Fall, Spring

SOC 1104 INTRODUCTION TO SOCIOLOGY | 3 CR
Prereq: Eligible for ENGL 1101, and READ 1106 MnTC Goals: 5
An examination of the basic social processes which give order and structure to our lives: socialization, changing social roles, power and privilege, modernization and culture. Service Learning option available.

Credits: 3 Semesters: Fall, Spring

Last modified date: 11/9/2019 Normandale Community College