

COMMON COURSE SYLLABUS**Effective Review Date: January 2016****A. Identifying Information**

1. Course Prefix: HLTH
2. Course Number: 1103
3. College First Aid and CPR
4. Offered: Fall, Spring and Summer Semesters
5. 2 Credits
6. Prerequisite: None

B. Course Description

This course provides a basic understanding of first aid and CPR principles and covers the fundamental skills necessary to sustain a life until members of the Emergency Medical System arrive at the scene.

C. Learning Objectives

1. Perform primary and secondary patient surveys.
2. Demonstrate bandaging, splinting, rescue and transfer skills.
3. Demonstrate CPR and AED skills at the HeartSaver level.

D. Outline of Course Content

1. Introduction to first aid care
2. Body Systems
3. Cardiovascular and stroke emergencies
4. Basic Life Support and CPR
5. Assessment
6. Bleeding and Shock
7. Dressings and Bandages
8. Soft tissue injuries
9. Lifting and moving patients
10. Head and Spine injuries
11. Splinting
12. Diabetic, seizures, and fainting emergencies
13. Chest, abdominal, and genitalia injuries
14. Cold related emergencies
15. Heat related emergencies
16. Burn emergencies
17. Childbirth emergencies

E. Recommended Entry Skills/Knowledge

The following placement test results are recommended for successful completion of this health course: READ 0960 - Reading & Study Skills; COMP 0900 - Preparation for College Writing

F. Methods for Evaluation of Student Learning

Course evaluation may include (but is not limited to): Objective examinations; personal assessments & summaries; case study reactions; practical examinations; class discussions; class attendance.