

Common Course Outline for: EXSC 1102 Badminton

A. Course Description

1. Number of credits: 1
2. Lecture hours per week: 1
Lab hours per week: None
3. Prerequisites: None
4. Co-requisites: None
5. MnTC Goals: None

This course includes movement skills and techniques of badminton strokes. Positioning, strategies and rules for singles and doubles play. A lifetime fitness activity.

B. Date last revised: January 2019

C. Outline of Major Content Areas

- A. Strokes: Serves (long and short), Clears (underhand and backhand), Drives (forehand and backhand), Smash, Drives, Overhead drop shot, Net shots
- B. Strategy and tactics
 1. Court positions for serving, receiving, and general play for singles and doubles
 2. Positions for doubles play
- C. Selection and care of equipment
- D. Conditioning and safety
- E. Rules, terminology, and etiquette
- F. Tournament play

D. Course Learning Outcomes

Upon successful completion of this course, the student will be able to:

- A. Practice proper movement skills and techniques of badminton strokes.
- B. Cooperate with others as partners and opponents.
- C. Demonstrate understanding of equipment care and use.
- D. Apply fundamental skills, etiquette, and rules in game situations.
- E. Choose appropriate strategies for singles and doubles play and adjust strategies when necessary.
- F. Realize that badminton is an exciting and physically demanding lifetime activity.

E. Methods for Assessing Student Learning

Evaluation methods include subjective assessment of skill and effort, class participation, and objective examination.

F. Special Information None